# Finding financial help and support



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## **Finding financial help and support**

If you're having trouble managing your money, with rent arrears or dealing with debt, you should get help as soon as possible. You can get free and impartial advice and support from a range of places.

This summary will help you know who to contact depending on your individual circumstances.

For information on the latest help available visit www.durham.gov.uk/helpwithyourmoney

#### Help from Durham County Council

We can:

- Provide general information and advice on Council Tax discounts, disregards and exemptions, including single person discount.
- Discuss any difficulties you have paying your Council Tax or Housing Benefit overpayment. We can discuss a payment plan to help with your overall household budgeting.
- Talk through your income to see if you may be entitled to Council Tax Reduction.
- Provide advice on claiming a Discretionary Housing Payment if you are having difficulties in paying a shortfall in your rent.

#### www.durham.gov.uk

Tel: 03000 265 000 Monday to Thursday 8.30am to 5pm, Friday 8.30am to 4.30pm

#### **Welfare Rights**

We have specialist officers who can help you if you need:

- To understand what benefits you may be entitled to.
- Support with making a benefits claim.
- Support to make an appeal against a benefit decision.
- Representation at an appeal.

#### www.durham.gov.uk/welfarerights

Tel: 03000 268 968 Monday to Thursday 8.30am to 5pm, Friday 8.30am to 4.30pm

#### Moving house or going through a crisis?

You may be able to get help from our welfare assistance scheme. This can be to help you stay or get into housing, or with your daily living expenses.

#### www.durham.gov.uk/welfareassistance

Tel: 03000 267 900 Monday to Thursday 8.30am to 5pm, Friday 8.30am to 4.30pm

#### **Free School Meals**

Free school meals are available to all children in reception, year 1 and year 2. They are also available to primary and secondary children whose parents/carers receive certain benefits.

#### www.durham.gov.uk/freeschoolmeals

Tel: 03000 268 003 Monday to Friday 9am to 4.30pm

### #CountyDurhamTogether

#### **Energy efficiency**

Due to significant rises in energy costs recently, many of us are trying to reduce our energy use. Our Warm Homes Campaign is a one-stop referral system for owner occupiers in County Durham. We offer advice and help residents access energy efficiency grants to have a warmer home and lower energy bills.

#### www.durham.gov.uk/warmhomescampaign

Tel: 03000 26 00 00 Monday to Thursday 8.30am to 5pm, Friday 8.30am to 4.30pm

#### Free Independent Debt Advice

#### **Citizens Advice County Durham**

Citizens Advice County Durham are a local charity who provide debt and other advice to thousands of people every year. Their services are free, confidential and impartial, so if you're struggling with your Council Tax bill, or any other debts, they can provide guidance, money advice and debt solutions.

#### www.citizensadvicecd.org.uk

#### Tel: 0300 323 2000 Monday to Friday 9am to 4pm

#### **Community Money Advice County Durham**

This project ran by Durham Christian Partnership offers a free, non-judgemental and confidential service for anyone struggling with financial issues, debt or managing their money. They offer appointments at a number of foodbank centres across the county, as well as offering advise by telephone, email, post or video call. In special circumstances they can arrange home visits.

#### www.durhamcp.org.uk/community-money-advice-county-durham

#### Tel: 0191 303 7514 to request a callback Monday to Friday 9am to 5pm

#### **East Durham Trust**

East Durham Trust are a local charity who provide support services to anyone who lives in the East of Durham. This includes benefits advice, debt advice and emergency food parcels.

#### www.eastdurhamtrust.org.uk

Tel: 0191 569 3511 Monday to Thursday 9am to 3.30pm and Friday 9am - 4.30pm

#### StepChange

StepChange are a national charity who provide free and independent advice on your financial situation.

#### www.stepchange.org

Tel: 0800 138 1111 Monday to Friday 8am to 8pm and Saturday 8am to 4pm

#### Other sources of debt advice

The council has information on other organisations who can offer you help and support on how to manage debt.

www.durham.gov.uk/debtadvice www.durhamlocate.org.uk

#### Help with savings and loans

#### **North East First Credit Union**

The North East First Credit Union provide low cost loan facilities and saving accounts. They also have a cashback scheme for the purchase of furniture and white goods, if you have been referred to them for a loan through the welfare assistance scheme.

#### www.nefirstcu.co.uk

Tel: 0330 055 3666 Monday to Friday 9.30am to 3pm

#### Victim of a loan shark?

**Stop Loan Sharks** can help you get a loan shark off your back if you have become a victim of one. They offer online chat and call back services.

www.stoploansharks.co.uk

Tel: 0300 555 2222 any time, 24/7

#### **Protect yourself against scams**

Unfortunately during the current Coronavirus outbreak some people are trying to take advantage of others whilst they are vulnerable.

Find out what to look out for and how you can protect yourself at: www.durham.gov.uk/scams

